

# Allergens List

## Test Allergens\* – IgG-IgE



96 General Foods Panel		
Almond	Corn	Pecan
Amaranth Flour	Crab, Dungeness	Pepper, Green Bell
Apple	Cranberry	Pineapple
Apricot	Cucumber	Plum
Asparagus	Egg White, Chicken	Pork
Avocado	Egg Yolk, Chicken	Potato, Sweet
Banana	Filbert	Potato, White
Barley	Garlic	Pumpkin
Bean, Kidney	Gliadin, Wheat	Radish
Bean, Lima	Gluten, Wheat	Raspberry, Red
Bean, Pinto	Grape, Red	Red Snapper
Bean, Soy	Grapefruit	Rice, White
Bean, String	Halibut	Rye
Beef	Honey	Salmon, Pacific
Beet	Lamb	Sesame
Blueberry	Lemon	Shrimp, Western
Broccoli	Lentil	Sole
Buckwheat	Lettuce	Spelt
Cabbage, White	Lobster, American	Spinach, Green
Carrot	Milk	Squash, Zucchini
Casein	Milk, Goat	Strawberry
Cauliflower	Mushroom, Common	Sugar Cane
Celery	Oat	Sunflower
Cheese, Cheddar	Olive, Black	Tomato, Red
Cheese, Cottage	Onion, White	Tuna, YellowFin
Cheese, Mozzarella	Orange	Turkey
Chicken	Oyster	Walnut
Clam, Manila	Papaya	Wheat, whole
Cocoa Bean	Pea, Green	Whey
Coconut	Peach	Yeast, Baker's
Cod, Atlantic	Peanut, Runner	Yeast, Brewer's
Coffee Bean	Pear	Yogurt

\*Rocky Mountain Analytical reserves the right to substitute/change allergens without notice.

### Rocky Mountain Analytical

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## Test Allergens\* – IgG-IgE

95 Vegetarian Foods Panel		
Almond	Cocoa Bean	Peach
Amaranth Flour	Coconut	Peanut, Runner
Apple	Coffee Bean	Pear
Apricot	Corn	Pecan
<i>Artichoke</i>	Cranberry	Pepper, Green Bell
Asparagus	Cucumber	Pineapple
Avocado	<i>Eggplant</i>	<i>Pistachio</i>
Banana	Egg White, Chicken	Plum
Barley	Egg Yolk, Chicken	Potato, Sweet
Bean, Kidney	Filbert	Potato, White
Bean, Lima	<i>Flaxseed</i>	Pumpkin
Bean, Pinto	Garlic	<i>Quinoa</i>
Bean, Soy	Gladin, Wheat	Radish
Bean, String	Gluten, Wheat	Raspberry, Red
<i>Bean sprouts</i>	Grape, Red	Rice, White
Beet	Grapefruit	Rye
Blueberry	Honey	Sesame
Broccoli	<i>Kamut</i>	Spelt
<i>Brown rice</i>	Lemon	Spinach, Green
Buckwheat	Lentil	Squash, Zucchini
Cabbage, White	Lettuce	Strawberry
<i>Cantaloupe</i>	Milk	Sugar Cane
Carrot	Milk, Goat	Sunflower
Casein	<i>Millet</i>	Tomato, Red
<i>Cashew</i>	Mushroom, Common	Walnut
Cauliflower	<i>Navy Bean</i>	<i>Watermelon</i>
Celery	Oat	Wheat, whole
Cheese, Cheddar	Olive, Black	Whey
Cheese, Cottage	Onion, White	Yeast, Baker's
Cheese, Mozzarella	Orange	Yeast, Brewer's
<i>Cherry</i>	Papaya	Yogurt
<i>Chili pepper</i>	Pea, Green	

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## Test Allergens\* – IgG-IgE

48 Herbs & Spices	
Aloe Vera	Allspice
Ashwaganda	Basil
Astragalus	Bay Leaf
Bilberry	Cinnamon
Black Cohosh	Cloves
Chamomile	Cumin Seed
Dandelion	Curry
Dong quai	Dill
Echinacea angustifolia	Fennel
Goldenseal	Ginger
Grape Seed	Horse Radish
Green Tea	Marjoram
Gymnema	Mustard
Licorice	Nutmeg
Milk Thistle	Oregano
Psyllium	Paprika
Rose Hips	Parsley
Saw palmetto	Pepper, Black
Siberian Ginseng	Pepper, Cayenne
Spirulina	Peppermint
St. John's Wort	Rosemary
Uva-Ursi	Sage
Valerian	Thyme
Wild Yam	Vanilla

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## Test Allergens - IgG\* and IgE

<b>Inhalants</b>		
<b>Trees</b>	<b>Grasses</b>	<b>Indoor</b>
Alder, White	<i>Bermuda</i>	<i>Cat antigen</i>
American Beech	<i>Bahia</i>	<i>Cockroach, German</i>
American Hazel Nut	<i>Broome, Smooth</i>	<i>Dog epithelium</i>
Ash, White	Fescue Meadow	<i>Dust Mite Mix</i>
Birch, White	<i>Johnson</i>	<i>House Dust</i>
Box Elder	<i>Rye, Perennial</i>	
Cedar, Mountain	<i>Sweet Vernal</i>	
Cottonwood	<i>Timothy</i>	
Elm Mix		
Hickory, White		
Maple, Red	<b>Weeds</b>	<b>Molds</b>
Mesquite	English Plantain	<i>Alternaria tenuis</i>
Mulberry, Red	Lambs Quarters	<i>Aspergillus fumigatus</i>
Mulberry, White	Mugwort, Common	<i>Cladosporium herbarum</i>
Oak, Arizona	Ragweed, Short	<i>Penicillium notatum</i>
Oak, Black	Ragweed, Western	
Oak, White	Russian Thistle	
Pecan	Sagebush, Common	
Pine Mix	Stinging Nettle	
Pine, White		
Sweet Gum		
Sycamore, Eastern		
Sycamore, Western		
Walnut, Black		
Walnut, English		

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**\*Italicized** text indicates IgG mini-inhalant panel allergens. Non-italicized allergens are only available as IgE serum.

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