RECIPE HUB

DIY: Make-up

A number of recent studies have indicated that some of the ingredients in cosmetics can expose the wearer to a host of health concerns, such as Alzheimer's disease and even some cancers. Avoid the risk by making your own natural cosmetics starting with this easy to make foundation powder.

Foundation Powder

Ingredients:

1/4 cup arrowroot flour

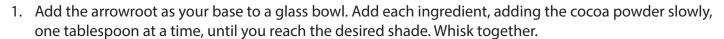
2 Tablespoons unsweetened cocoa powder

1/2 teaspoon ground cinnamon

1/4 teaspoon ground ginger

2 teaspoons bentonite clay

Directions:



- 2. Test the color by placing a small amount on your face (or arm) with your finger or a brush. It may take a little tweaking the first time to make the perfect shade for your complexion.
- 3. Store your foundation powder in a small container and use a dry sponge or brush to apply.

Note: Bentonite clay should not come in contact with metal.

Source: https://livesimply.me/2013/06/27/homemade-foundation-powder/



